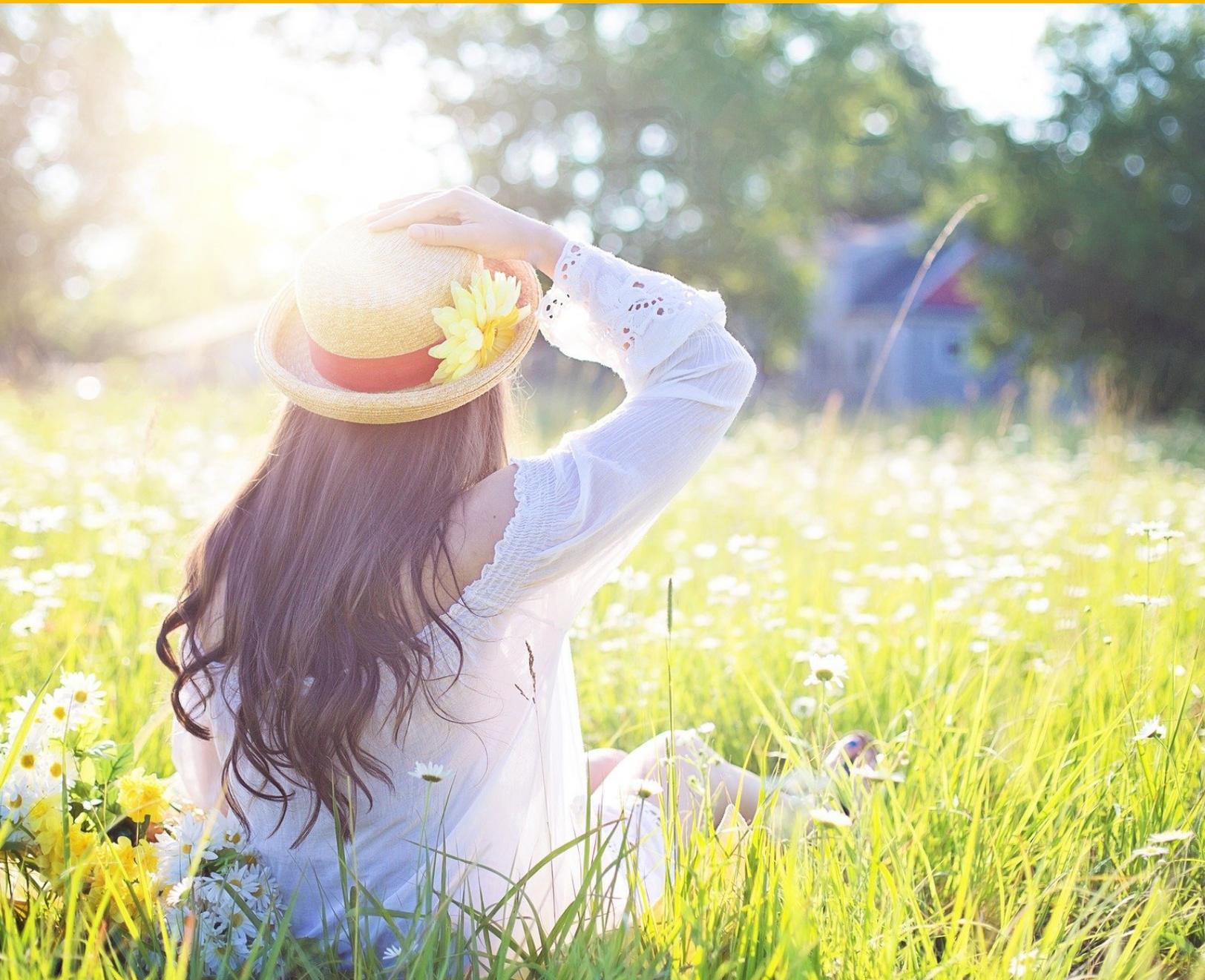


# Summer Morning Time

From A Gentle Feast



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Welcome to Summer. I hope this packet provides your family with the rich beauty of words, art, and music as you relax into a new routine for this special season. If you aren't familiar with Morning Time, here are the parts included in these lesson:

1. **Bible Verse**- You may wish to introduce this at the beginning of the week or read/review it each day.
2. **Composer Study** - Listen to the linked piece of music. YouTube links are provided on each lesson.
3. **Poetry** - Read or have an older child read the poem. Have your child picture the poem in his mind as you read. Have your child describe their visualization or perhaps they might want to draw what they pictured.
4. **Picture Study**- Have your children look at the painting for two minutes. Turn the picture away and have her retell the picture back to you. Read the background information for each painting and discuss the questions to consider.
5. **Folk Song**- Read through the lyrics and see along with the recording provided.
6. **Fable**- Read the included story. Ask your child to tell the story back to you.
7. **Handicrafts/Cooking**- Summer is a great time to focus on these valuable skills
8. **Read Aloud**- Choose from the suggestions in the back of this packet or choose from the weekly additional resources. Simply enjoy the story together. This is a great thing to do outside!
9. **Nature Activity**- There is a short nature talk included each week. A nature journal prompt and nature walk are also included.
10. **Hymn**- Read or watch the video that tells the history of the hymn. Read through the lyrics. You may wish to sing along or perhaps listen to the alternative versions.

These are super simple ways to bring beauty and truth into your days. I have found in my own family that simple practices done consistently have the biggest impact. Here's to a SUPER SUMMER!

*Many Blessings,  
Julie H Ross*



# WEEK 1: Butterflies

## *Bible Verse:*

2 Corinthians 5:16-21

## *Day 1*

### **Poetry:**

“To a Butterfly” Wordsworth

### **Handicraft:**

Nature Butterfly Finger Puppets

### **Read Aloud:**

Choose from weekly theme suggestions or general summer books on the last page

## *Day 2*

### **Picture Study:**

“Butterflies”

### **Cooking:**

Butterfly Cakes

### **Read Aloud:**

Choice

## *Day 3*

### **Composer Study:**

Butterfly Lovers Violin Concerto

### **Nature Study:**

Read the talk on butterflies. Find a picture of a butterfly online or in a nature guide to draw in a journal. Older students can write down observations.

### **Read Aloud:**

Choice

## *Day 4*

### **Folk Song:**

“Fly, Fly, Fly the Butterfly”

### **Nature Walk:**

Look for butterflies

### **Read Aloud:**

Choice

## *Day 5*

### **Hymn:**

“I’ll Fly Away”

### **Fable:**

A Lesson of Faith

### **Read Aloud:**

Choice



# WEEK 1: Picture Study

## *Fujishima Takeji, Butterflies, 1904*

Fujishima Takeji was a Japanese painter. He was born in 1867 in Kagoshima, Japan. He enjoyed studying about and making artwork as a child and he took art classes at Kagoshima Middle School. When he was younger, he was very interested in traditional Japanese artwork. After middle school, he moved away from home to study art in Tokyo. While he was there, he became very intrigued with Western-style paintings and began to paint in a style known as yoga. In 1905, Takeji traveled to Italy and France to perfect his style and to learn more about Western-style art. Throughout his life, he was an art teacher at several locations including Mie Prefecture and the Tokyo Art School. He is now most well known for developing Romanticism and Impressionism within the yoga art movement during the late 19th and early 20th century in Japanese art.

This peaceful oil painting was created by Fujishima Takeji in 1904. It shows a young woman gracefully holding a flower between her thumb and forefinger. She glances down over her right shoulder as her hair and face are completely surrounded by many different kinds of butterflies. Her lips are pursed almost as if she is giving the flower a little kiss. The many shades of yellow and orange in the painting seem very bright and buttery against the dark green background. The artist carefully painted small details on the butterflies, the individual hairs on the woman's head, and the folds of her yellow sleeve to make the painting seem very lifelike. The repetition of the butterflies swirling around the entire painting gives the artwork a delightful sense of movement.

### *Questions to consider:*

1. If you could zoom out from this painting, almost as if you have a fancy lens on your camera, what do you think you might see surrounding this woman? Where is she and what might you see to her right, her left, above her and below her?
2. Imagine if this painting was suddenly brought to life. What types of movement might you see? (Butterflies flapping their wings, the breeze blowing, the young woman smiling and moving).
3. How many different types of butterflies do you see in the painting? Can you identify any of these butterflies? For fun, your family might use a butterfly identification book or search online for their names.

# WEEK 1: Picture Study



# WEEK 1: Composer Study

## *The Butterfly Lovers Violin Concerto*

The music of Asia is often overlooked in our Western culture, but this beautiful piece by composer He Zhanhao, who grew up in Eastern China in the 1930s, highlights the traditional Chinese instruments within the standard orchestra.

He Zhanhao took a traditional Chinese folk tale called “The Butterfly Lovers” and created a musical work to tell the tragic story of how two lovers, in death, emerge in the form of a pair of butterflies never to be separated again. The Butterfly Lovers is known as the Chinese Romeo and Juliet.

The full work is usually performed around 25 minutes, but if that is too long for your students I suggest listening to the first movement only (around 5 minutes.) Watch the traditional orchestra first and then watch the performance with Chinese instruments. The main string instrument used in place of the violin is called the erhu. Learn more about this traditional Chinese instrument with a video linked below.

**Traditional orchestra:** <https://youtu.be/h7KlnK39Up0>

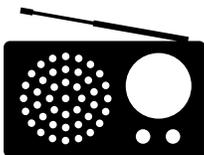
**Chinese instruments:** <https://www.youtube.com/watch?v=tu5XohUR3Pg>

**About the erhu:** <https://youtu.be/YJ207vQfeiE>

# WEEK 1: Folk Song

## *Fly, Fly, Fly the Butterfly*

Fly, fly, fly, the butterfly  
In the meadow is flying high,  
In the garden is flying low,  
Fly, fly, fly, the butterfly.



Sing Along: <https://youtu.be/jflZseWtmyl>

# WEEK 1: Fable

## *A Lesson of Faith*

"Let me hire you as a nurse for my poor children," said a Butterfly to a quiet Caterpillar, who was strolling along a cabbage-leaf in her odd, lumbering way. "See these little eggs," continued the Butterfly; "I do not know how long it will be before they will come to life, and I feel very sick and poorly; and if I should die, who would take care of my baby Butterflies when I am gone? Will you, kind, mild green Caterpillar? But you must mind what you give them to eat, Caterpillar; they cannot, of course, live on your rough food. You must give them early dew, and honey from the flowers; and you must let them fly about only a little at first, for, of course, one cannot expect them to use their wings properly all at once. Dear me! It is a sad pity you cannot fly yourself. But I have not time to look for another nurse now, so you will do your best, I hope. Dear! I cannot think what make me come and lay my eggs on a cabbage-leaf. What a place for young Butterflies to be born! Still you will be kind to the poor little ones, will you not? Here, take the gold-dust from my wings as a reward. Oh! How dizzy I am! Caterpillar, you will remember about the food."

And with these words the Butterfly closed her eyes and died; and the green Caterpillar, who had not had the opportunity of even saying, "Yes," or "No," to the request, was left standing alone by the side of the butterfly eggs.

"A pretty nurse she has chosen, indeed, poor lady!" exclaimed she, "and a pretty business I have in hand! Why, her senses must have left her, or she never would have asked a poor crawling creature like me to bring up her dainty ones! Much they will mind me, truly, when they feel the dainty wings on their backs, and can fly away out of my sight whenever they choose! Ah! How silly some people are, in spite of their painted clothes and the gold-dust on their wings!"

However the poor Butterfly was dead, and there lay the eggs on the cabbage-leaf; and the green Caterpillar had a kind heart, so she resolved to do her best. But she got no sleep that night, she was so very anxious. She made her back quite ache with